



TALK ABOUT ALCOHOL

DO YOU FEEL CONFIDENT SAYING 'YES' OR 'NO'
- WHAT IS CONSENT?



Ways of saying 'no'



AGGRESSIVE

violent, rude,
angry,
threatening

'Do it!'
'I'm the best'
'Get lost'

Ways of saying 'no'



PASSIVE

Quiet, scared,
worried

'You decide'
'I don't know'
'It's up to you'

Ways of saying 'no'



ASSERTIVE

Confident, calm,
clear, positive,
respectful

'I like this....
what do you
like?'

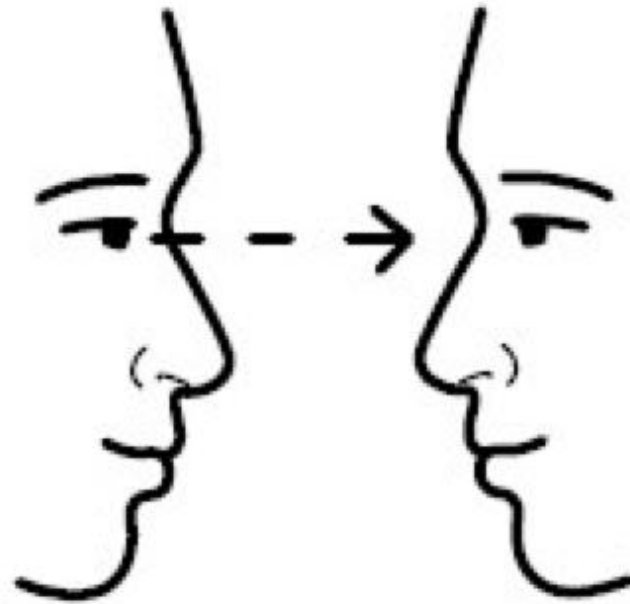
Saying 'no'



NO

Use the word 'NO'

Saying 'no'



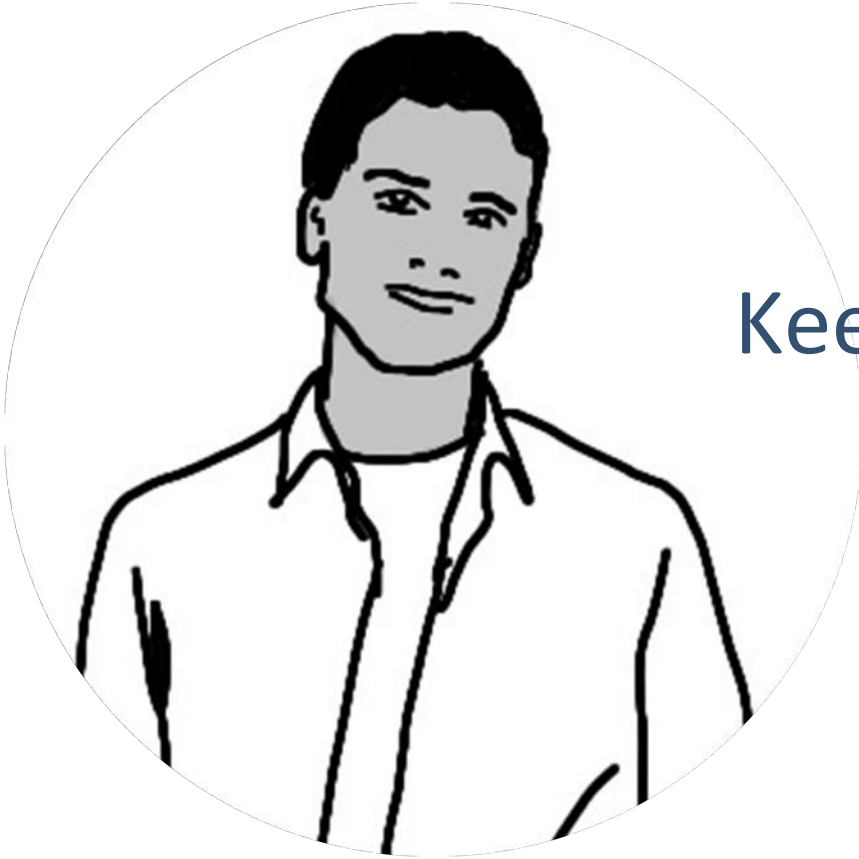
Give eye contact

Saying 'no'



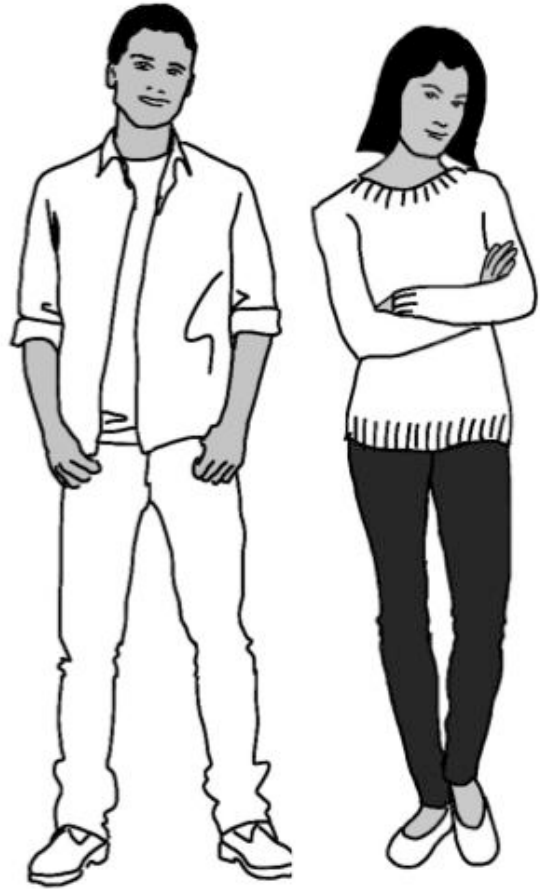
Use a middle volume, no shouting

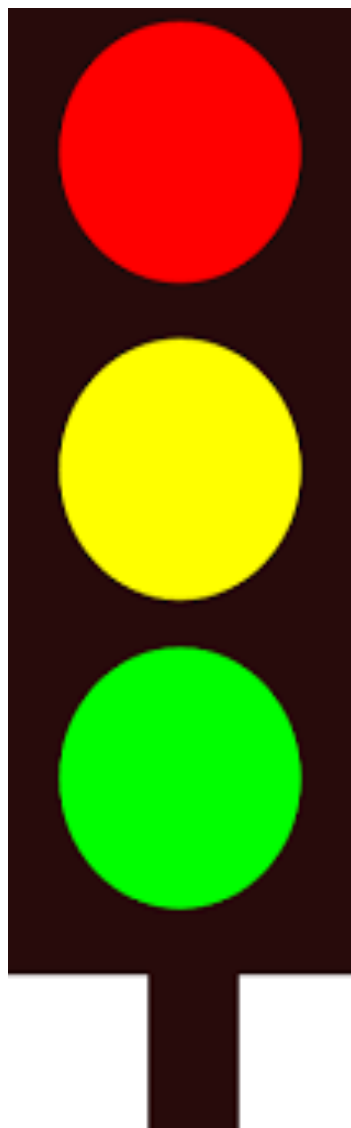
Saying 'no'



Keep a serious face

Let's practice with Mike and Emma ways of saying 'no'





Stop! NO!

Don't rush.
Say 'No' if you're
not happy.



**Think and
Decide**


Is it safe?
Yes or No?

OK, YES!


If you're happy
and sure you've
thought the
decision through



Fudging – building excuses




*Go on, give
it a try!*

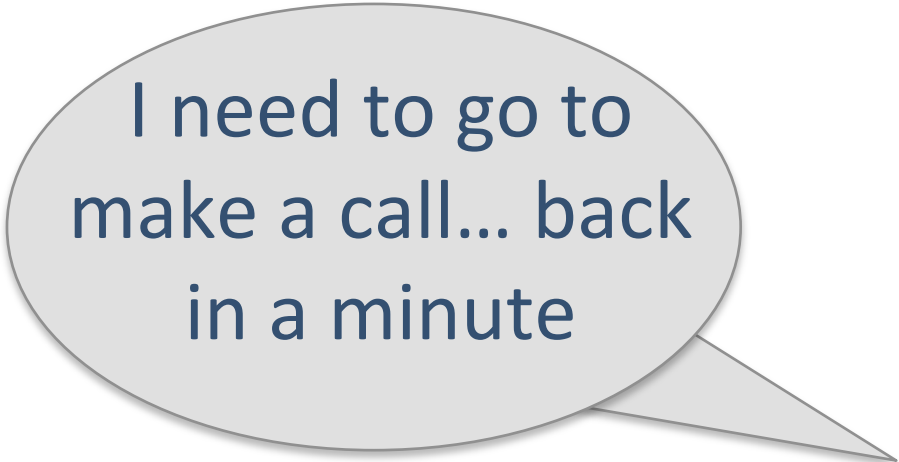


I'm playing
sport
tomorrow

Fudging – building excuses



*Have another
one and give me
a kiss!*



I need to go to
make a call... back
in a minute

Consent

- ✧ To agree to something, usually after really giving it some thought.
- ✧ Both people understand exactly what is happening and what has been agreed.
- ✧ Either person can change their mind at ANY time.

Consent = Agreeing to something

- ✧ It must be your own free choice
- ✧ You must not be under the influence of drugs or alcohol
- ✧ It must be within The Law

Consent

- ✧ No pressure
- ✧ No threats
- ✧ No bargains
- ✧ No manipulation
- ✧ No abuse of power

Consent



YES



YES



YES

Consent –

Should the characters say YES or NO?

- ✧ Is there consent?
- ✧ Can you spot any threats, manipulation or pressure?
- ✧ What would you do?

You may like to use the different emoji faces to show how you feel – place them next to the picture or colour in the red, amber or green circle to show how you feel



Not ok - The girl is being threatened in an aggressive way







