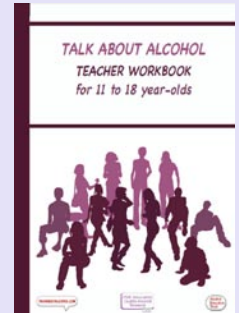


Our last newsletter of the academic year!

Where has the year gone? Well, it's count down to the end of term, exams are pretty much finished, speech days and sports days to come and much planning for the next term. Here, we've run out of Teacher workbooks for the academic year (over 1,000 distributed all over Britain, not to mention nearly 1,200 downloads from our website) but hard copies will be back in stock by mid-July with new additions ready for the Autumn Term. If you're planning your provision of alcohol education for PSHE for next year, this is a 'must have' tool and you can download it from our website alcoholeducationtrust.org/teacher-area/overview-core-resources/ or order a printed copy by contacting kate@alcoholeducationtrust.org



Book your Talk About Alcohol coordinator to attend a GCSE options evening, meet the tutor or induction evening for next year now

As we all know, however good our PSHE provision around risk taking is to pupils, if parents don't understand their role in boundary setting, knowing and checking where their kids are, and their responsibilities around being good role models, then we are limited, as educators, in our influence. As parents are the key suppliers of alcohol to under 18s (60 – 70%) and the more permissive parents are around alcohol in the home, the more likely kids are to drink in unsupervised settings where risk taking increases – it is really important to engage parents in the school setting.

Our experienced coordinators (Sandra and Kathryn are both trained teachers and parents) are very happy to attend existing events you have booked in school to talk to parents about alcohol in an engaging non preachy way. We find having an informal presence at events or the opportunity to make a short presentation as part of an existing evening works very well. We do of course hold bespoke parent talks, either stand alone or in combination with another topic such as esafety or on drugs. A popular time for parents is the hour before pick up from school for example, saving them a trip out in the evening.

To book or to have a chat about your requirements, please email kate@alcoholeducationtrust.org or phone 01300 320 869.

Alcohol Education Trust welcomes new Trustee



We're really pleased to welcome Alison Winsborough to our Board of Trustees, she will be replacing Mark Richardson after a sterling 6 years of service from when the AET first began! As a teacher at one of the biggest secondary schools in the country (2,500 pupils) Mark has been instrumental in helping us develop effective communication strategies for big busy schools!

Alison Winsborough is Head of 6th Form at Isle of Portland Aldridge Community Academy (IPACA) Alison was Head of PSE and Citizenship and led the department at the Sir John Colfox School before joining the staff at IPACA as Head of Citizenship and now leads the newly opened IPACA 6th Form.

Alison comments *"During my time teaching and leading PSE and Citizenship I have worked with an abundance of outside agencies such as Safer partnerships, healthcare professionals and other local stakeholders. I am currently DSL for the 6th form and part of the Academy's Safeguarding Team. I see PSE and Citizenship as a vehicle in which to reflect and explore the Real World in a safe environment"*.

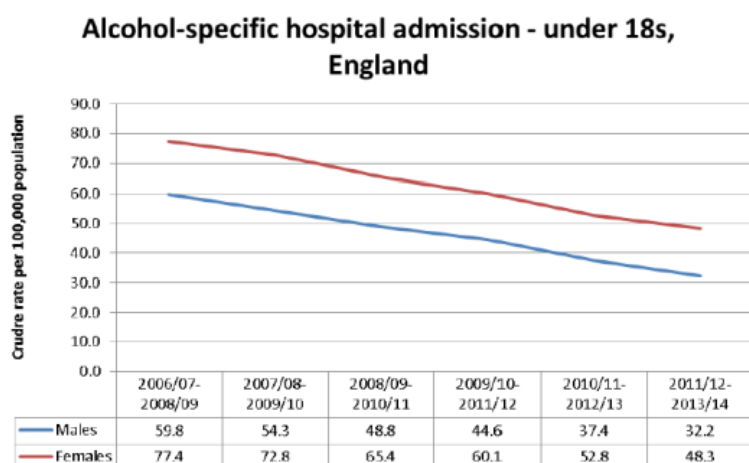
Alison has 3 children who also are students at the Academy and her husband is Head of English there!

New Ofsted inspection framework and the implications for PSHE education

Ofsted has just published its new Common Inspection Framework, which will come into effect from 1 September 2015. The framework, and a handbook for inspecting schools, are now available from the Ofsted website. www.gov.uk/government/organisations/ofsted.

There is a new key judgement on 'Personal development, behaviour and welfare,' which is of particular importance to PSHE practitioners. The criteria supporting this judgment emphasise employability and safety from risks, which schools will be able to demonstrate most effectively via the delivery of a high-quality PSHE programme. Also Ofsted's updated safeguarding guidance for inspectors makes clear that a separate report on safeguarding will always be included within the key judgement on leadership and management, making the subject more integral to the new framework. www.gov.uk/government/publications/concerns-about-children-guidance-for-all-ofsted-staff.

Significant drop in young people ending up in A and E due to alcohol



We will never know to what extent good PSHE teaching around risk taking and effective teaching about alcohol influences young people's behaviour, but it is great news to hear that figures from Public Health England (PHE) in the latest update to the Local Alcohol Profiles for England (LAPE) show a continuing decrease in the rate of hospital admissions due to alcohol among under 18s, evidence of a continuing decline in young people's harmful drinking.

Alcohol-specific hospital admissions for under 18s over the last 3 years are down to 13,725

– although this still represents over 1,000 a month, it is a decline of 41% since 2007 (22,890) and down 11% from the previous year. Pleasingly, there were reductions in all regions and all deprivation deciles.

Worryingly, once again there are more admissions for girls than boys, suggesting a need for us to develop approaches specifically targeting girls – suspected reasons are substituting alcohol calories for food calories when planning to drink and a preference for higher alcohol drinks, whereas boys predominantly choose beer and cider.

It is excellent to see that the biggest reductions are in northern regions and the most deprived deciles leading to a reduction in the inequality gap between the most and least deprived

www.gov.uk/government/uploads/system/uploads/attachment_data/file/431286/LAPE_2015_statistical_bulletin.pdf

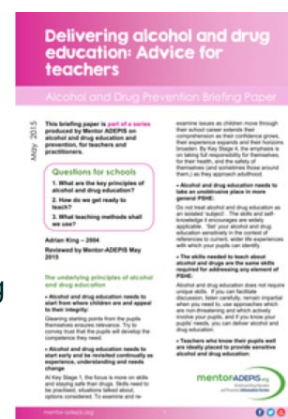
Latest teenage pregnancy data – lowest for under 18s ever recorded

The Office for National Statistics (ONS) publish official teenage pregnancy data each quarter and the statistics for the whole of 2013 show conceptions amongst girls under-18 fell to the lowest level since records began in 1969.

Delivering alcohol and drug education: Advice for teachers

Mentor Adepis have re-released their briefing paper which provides advice and tips for teachers and educators responsible for delivering alcohol and drug education. It addresses questions such as 'What are the underlying principles of alcohol and drug education?' and 'What are the best teaching methods to use when delivering alcohol and drug education in the classroom?'

The briefing paper is part of a series produced by Mentor ADEPIS on alcohol and drug education and prevention, for teachers and practitioners. www.tes.co.uk/teaching-resource/delivering-alcohol-and-drug-education-advice-for-teachers-11062483



Mentor Adepis are now hosting the Centre for Analysis for Youth Transitions repository of evaluated programmes for alcohol and drug programmes – Our Talk About Alcohol programme is the only one we can find which has scored 3 out of 3 for effectiveness in changing youth behaviour! You can read the analysis here: www.ifs.org.uk/publications/6904

PSHE Association highlight case studies of schools with outstanding PSHE

The PSHE association has published a series of case studies from schools with outstanding OFSTED inspections for PSHE. There is an accompanying blog on the relationship between outstanding schools and outstanding PSHE, which you can read at pshe-association.org.uk/blogs_entry.aspx?id=72

Here is brief summary from St Martin's School Brentwood Essex

St Martin's School is a 12 form entry, secondary academy in Hutton near Brentwood, Essex, with 1784 pupils on roll. A tenth of students are from minority ethnic groups and the proportion of students who speak English as an additional language, are eligible for support through the pupil premium, or free school meals, looked after children and those from service families are all well below the national average, as is the proportion of disabled students and those with special educational needs (Ofsted 2013).

Mike O'Sullivan – Head teacher. Sums up in the case study 'St Martin's has integrated its planned PSHE programme seamlessly into the school's wider personal and social development but in doing so has lost none of the rigor that would be expected of any subject within the curriculum. The programme is taught by tutors, however each tutor specialises in only one topic or theme that is taught in carousel to the year group. The Head of Year is also part of this team. In the school's view this significantly contributes to developing strong relationships across the year groups. The PSHE programme uses a combination of purchased resources and those created 'in house' to reflect pupils' unique needs. It is subject to robust oversight by the coordinator who provides team professional development. Observations of teaching and learning and scrutiny of pupils' work and progress ensure the quality of teaching.

The PSHE education coordinator is available to co-teach sensitive issues should colleagues lack confidence or need support and provides comprehensive induction training for new staff. The coordinator's role on the school's pastoral team, together with data from a variety of sources (including external surveys such as 'SHEU' (School and Students Health Education Unit sheu.org.uk) and internal surveys) informs the content of the PSHE education programme which is constantly adapting to pupils' changing needs.

Senior pupils (prefects) are attached to forms and have a role in providing elements of PSHE education to their forms, known internally as 'Prefects in Peer Support' (PiPS). All prefects teaching this planned twice weekly 'circle time' session have email contact with the head of year and the PSHE education coordinator to ensure incidents are swiftly dealt with and issues responded to. Learning in PSHE education is robustly assessed against clear learning outcomes using a 'working towards, working at, and working beyond' framework of progression statements..... PSHE education came under significant scrutiny in the school's last inspection.

The school provided evidence that demonstrated not only pupils' progression in learning but also the impact of that learning in terms of changed behaviour. The combination of a well-resourced, evidence based, developmental programme, with each tutor focusing on just one aspect of PSHE education, ensured that Ofsted lesson observations would be judged 'good' and in many cases 'outstanding'. The provision of focused CPD ensures tutors have the expertise and skill for teaching their PSHE module.

To learn more and read other case studies visit www.pshe-association.org.uk

News from Kathryn in The North West

"I would like to welcome on board Alsop High School, Ripley St Thomas Church of England Academy and Queen Elizabeth Grammar School in Blackburn who are now using our teacher workbooks and resources with students.

I am also delighted to be working in partnership with Lancashire Healthy Schools and I was invited to their recent PSHE network meeting to introduce our services. I will be attending the next network meeting in



November to deliver a full workshop around our resources and each teacher who attends will be receiving one of our FREE teacher workbooks packed full of innovative resources and lesson plans. So if you are a teacher at a Lancashire School contact Barbara Booth or Kate Piercy, Teacher Advisers for Lancashire to book your place.

Don't forget if you have any parent events coming up think about the AET attending with a stand where we can be on hand to offer advice on how to talk about alcohol and hand out our parent leaflet packed full of information and tips.

Next month I will be attending health fairs at Brine Lees school in Cheshire and Ripley St Thomas Church of England Academy in Lancaster as well delivering a parent session at Chorlton High School in partnership with Manchester Healthy Schools.

If you are interested in booking a parent session or if you would like me to attend an event, please get in touch on kathryn@alcoholeducationtrust.org on 07886 532 254".

AET resources comprise of www.alcoholeducationtrust.org and www.talkaboutalcohol.com, a Teacher Workbook, booklets 'Alcohol and You' for 15yrs+ and 'Talking to Your Kids About Alcohol' parent and carer guide. We offer teacher CPD workshops and parent information talks.

For further information on any of the above please contact

Helena Conibear, Founder, Director

Sandra Saint, Parent Outreach Coordinator

Kathryn Arnott-Gent, Parent and Schools Coordinator NW

Kate Hooper, Schools Coordinator

helena@alcoholeducationtrust.org

sandra@alcoholeducationtrust.org

kathryn@alcoholeducationtrust.org

kate@alcoholeducationtrust.org

Trustees

Gordon Redley BEd (Cantab)
Victoria Mc Donough MA (Hons), PGCE
Mark Richardson BA (Hons), PGCE
Patricia Garven, Cert Ed.
Dr John Lloyd

The Alcohol Education Trust
Frampton House, Frampton,
Dorset, DT2 9NH

Telephone 01300 320 869

Registered Charity No. 1138775

Follow us on

