



Registered Charity 1138775

Newsletter

Autumn Term
Nov 2012 Ed6

Alcohol Awareness Week 19 - 25 November 2012

During Alcohol Awareness Week is the perfect time to remind older pupils, as the Christmas Season of parties approaches, of the importance of staying safe, getting home safely and looking after their mates. Check the resources area of our website www.alcoholeducationtrust.org for worksheets and film clipsor order our new teacher workbook from jane@alcoholeducationtrust.org



If you would like to involve parents, why not send home our booklet 'Talking to Kids about Alcohol', or link to www.talkaboutalcohol.com on your school website – there is a dedicated area for parents encouraging them to be good role models over the festive period.

The revised teacher workbook has a new section added – 16+ with resources more suitable for the older teen group.

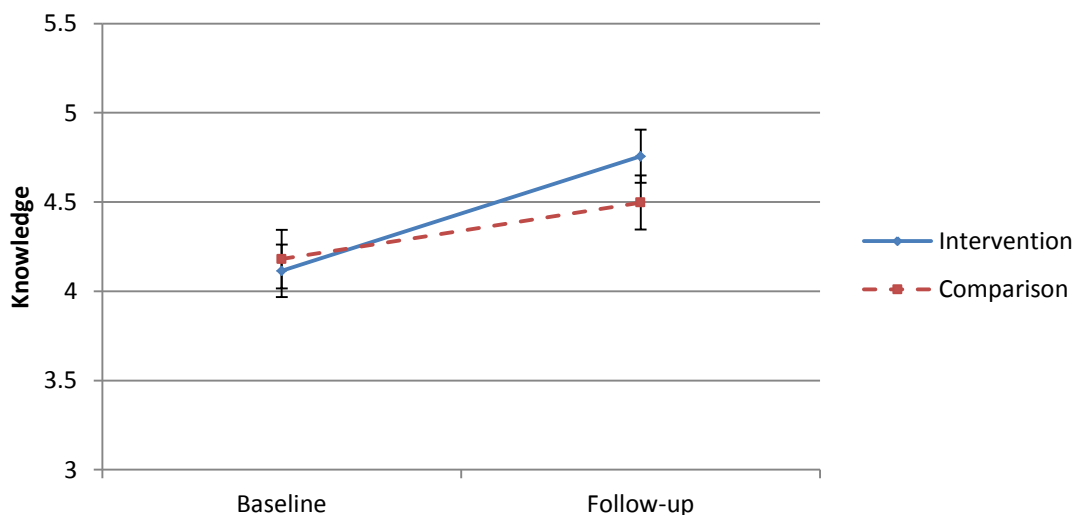
Key findings from the National Foundation for Education Research evaluation of AET resources

As we know, simply delivering lessons on alcohol education cannot ensure that young people listen, adapt their behaviours - or as we hope to achieve, delay the age they start drinking - or if they do begin drink, avoid risky behaviours and drinking to drunkenness.

Due to an EU grant, The Alcohol Education Trust has been able to have its resources evaluated by NFER in 16 intervention schools and 17 control schools across England. The schools have been carefully matched (such as ethnic mix, urban, number of free school meals, Ofsted rating etc) and NFER are following over 4,000 pupils in Year 8 through to Year 9. The study began in 2011, and the interim findings have now been released.

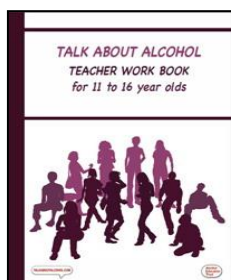
The students' knowledge in the 'comparison' schools was higher at the outset than in the 'intervention' schools (those using the AET resources), but on follow-up after four lessons, their knowledge had outstripped the comparison schools (using other resources) and was statistically significant.

Figure 5: Change in knowledge, controlling for measured confounders; as predicted by model



In both sets of schools some pupils had had a whole alcoholic drink for the first time during the follow up period - but 5% less pupils had done so in the intervention schools. Finally, when asked where/from whom they had ever received helpful information on alcohol, after parents PSHE lessons and teachers rated most highly in both groups of schools but at follow-up, there was an increase from 70% to 85% of intervention pupils saying PSHE. They also continued to look to their parents more than the comparison schools. The pupils will be followed up again at the end of year 9 (July 2013) with a final evaluation report due in September 2013.

Read the key findings here: [AET Evaluation](#)



New version of the Teacher Workbook now available

The re-edited version of our highly successful teacher workbook has been reprinted and is now ready for distribution – free of charge – to all schools/colleges and youth supporting organisations. We have updated facts and figures with recent statistics and made some of the editorial notes clearer, plus moved advice and resources more applicable for 16yrs+ into its own section.

To order your new copy, plus further booklets if required, just email jane@alcoholeducationtrust.org

AET's interim evaluation submitted by The Department for Education to CAYT for analysis

The Department for Education submitted the AET evaluation INTERIM findings to the Centre for Youth Transitions (CAYT) team for analysis. The evaluation model has been awarded 5 out of 6 and the resources are already gaining an impact score of 1 out of a potential of 3, half way through the delivery of the lessons (just 4 lessons at this stage out of a potential of 20 that can be delivered). Hence the Trust's materials, so carefully put together, peer reviewed and piloted seem to be making a difference with no costs to schools to implement.

Read the CAYT summary here: [AET CAYT evaluation](#)

Big Give Christmas Challenge

AET has reached its pledge target of £1500 and have match funding from a Charity Champion. We are all set to take on the Big Give Christmas Challenge when it opens on 6 December at 10.00am **will you help us?**

We need to raise £3000 in order for the funds to be matched by the pledges and Charity Champion Funding. Please support us to continue to be able to provide free resources to secondary schools across the country.

theBigGive.org.uk
helping your donations go further

Donate online on 6th, 7th or 8th December from 10.00am to guarantee your donation is matched at <http://new.thebiggive.org.uk/project/17334>
The Challenge closes on the 19th December 2012

Parliamentary support for PSHE Education

PSHE
Association

The Alcohol Education Trust and the PSHE Association are encouraged by recent support for PSHE education in both the House of Commons and House of Lords. Diana Johnson MP tabled a Ten Minute Rule Bill relating to drugs, alcohol and relationships, and highlighted schools' vital part in producing "confident, well informed young people" adding that "pupils deserve access to good quality PSHE". Access the PSHE Associations news bulletin here [PSHE Association news](#)

Teacher Training Day at Southampton University

Ensuring that newly graduated teachers are confident about PSHE, its purpose and key subjects is crucial. As the AET will report after Christmas, few Teacher Training Colleges and Universities provide adequate PSHE guidance - yet new teachers could be expected to deliver PSHE to their Tutor Groups as a routine part of their teaching.

The University of Southampton brings together different PSHE providers (St Johns Ambulance, QUIT and the AET, for example) each year in September to provide workshops and a dedicated training day for its 400 graduates. The AET provided workshops for the 200 future secondary school teachers, building their knowledge-base on assessing knowledge, alcohol and the law, units and guidelines and social norms.

If you would like to organise a teacher training session for a group of schools in your area, then email Jane Hutchings at jane@alcoholeducationtrust.org

Alcohol Education - what works for young people?

General population school based alcohol harm reduction programmes are in place around the world

On the 18th October a forum brought together the key programmes from Australia, Pan EU, Sweden, Spain, France, the AET in the UK and the US. All programmes seek to delay the onset of drinking and to reduce risk taking and excessive drinking among pupils who take up drinking.

Read about the programmes and their evaluation findings here: [Forum programmes](#)



To help us ensure that all the secondary schools in our home county of Dorset can continue to receive our support and resources free of charge, please consider joining the online fundraising 'Grow your Tenner' campaign supported by the Dorset Community Foundation and LocalGiving.com. £400+ has already been donated and doubled to over £800 help us to reach £1000.

By donating **just £10** online today the Dorset Community Foundation and LocalGiving.com will match this donation turning it into £20 for the Alcohol Education Trust.

Go to <http://localgiving.com/charity/alcoholeducationtrust> to donate with ease.

For further information and/or to request resources please contact

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