



Registered Charity 1138775

Newsletter

Spring Term
March 2013 Ed8

Updates to website in progress – new parents area next week!



The Alcohol Education Trust’s website is being updated to include a new **dedicated section for parents** – where they will find top tips and guidance on ‘talking to kids about alcohol’ along with links to other informative sites. We encourage you to include a link to the pages in the parents’ area of your organisations website as well as to include a pdf of our parent guide ‘Talking to Kids about Alcohol’. Please contact jane@alcoholeducationtrust.org for details.

The four new BBC short films ‘**Just a few Drinks**’ about four young people share their stories on how their lives have been dramatically affected by alcohol - can now be accessed via www.alcoholeducationtrust.org here: [BBC2 films 'Just a few Drinks'](#). The AET are drafting accompanying notes and guidance, with different role play outcome ideas, to assist teachers in incorporating these films clips into PSHE lessons - available after Easter.

Healthy Schools Network Meeting incorporates a training session on AET resources

Southampton Healthy Schools recently held a network meeting incorporating a presentation from AET to secondary schools within Southampton. The session covered

- Materials that can be tailored to suit drop down days, short lessons or extended projects with different levels for SEN, KS3 and KS4.
- Conversation starter film clips, worksheets, quizzes and games.
- Interactive elements on www.talkaboutalcohol.com
- Examples of leaflets you can order for older teenagers and parents.

Attendees found the session ‘very useful’ with ‘excellent resources’. To organise teacher training in your area, contact jane@alcoholeducationtrust.org

Community Alcohol Partnership (CAP) projects



AET is the chosen alcohol education resource partner to help support CAP projects fulfil their educational element, and we provide many schools within CAP areas with our resources. As with any school across the country we offer them parent information evenings and teacher training sessions.

Two teacher training sessions have taken place in CAP areas over the last month one in Shropshire, where AET attended and supported a teacher training session for several secondary schools from Ludlow, Oswestry and Bridgnorth organised by the Shropshire Drug and

Alcohol team. A further teacher training session was successfully held in Hastings organised by the CAP team from the Children's Services Department, who created and delivered their own teacher training session with AET resources.

AET resources are regularly requested by students involved in designing projects and presentations to peers on alcohol.

Two students from Queen Elizabeth's Grammar School in Kent recently approached AET for guidance and resources to support their GCSE coursework project. The pupils kindly gave feedback as to how their presentation was received.



'On Thursday 14th February, we completed a year 8 Lesson at our school, Queen Elizabeth's Grammar School, to help the pupils understand what can happen long term and short term if you start to abuse alcohol at an early age. The students undertook numerous activities testing their previous knowledge and their listening skills. Many of the students were shocked by some of the statistics that we gave them relating to alcohol nationally and locally. The students were also put to the test when given a unit calculator and booklets to find out more about what to drink and how much. The students finished the lesson

by looking through the Alcohol and You' booklets to find out anything that they found interesting or shocking. Our most important message was that we were not telling the students they should never drink at all, but we were trying to educate them on staying safe with alcohol. We would like to thank the Alcohol Education Trust for all of their help and support throughout the project'.

Symposium

Drug Policy in Schools: Raising Awareness and Strengthening Early Intervention **Thursday 18 April 2013, Central London**



In September 2012, the Department for Education and Association of Chief Police Officers published a non-statutory guidance document '*DfE and ACPO drug advice for schools*', which helps to address some of the commonly asked questions raised by school staff. The guidance deals with managing drugs and drug-related incidents within schools and also covers broader behaviour and pastoral support.

This special symposium provides an ideal opportunity for local authorities, head teachers, school nurses and health professionals, the police, key local agencies and school governing bodies to discuss the DfE and ACPO publication and share best practice on how to successfully tackle drug and substance misuse in schools.

Visit the website for further details and registration <http://publicpolicyexchange.co.uk/events/DD18-PPE.php>

Latest Statistics: GLS survey

Young people's alcohol consumption in England and Wales has shown a continued promising decline – a clear indication that young people's attitudes towards alcohol is changing for the better. Statistics show that the number of 11-15 year old pupils who have tried a full alcoholic drink has dropped from 61% in 2003 to 45% in 2011, while the number of pupils who had drunk alcohol in the last week is now 12%, a decline from 26% in 2001.

In addition, the number of 11-15 year olds that agreed it was "OK to try drinking alcohol to see what it was like" has dropped from 67% to 55% and now just 11% of pupils think it is "OK for someone of their age to get drunk once a week", compared with 20% in 2003. Furthermore, young adult age groups (16-24) are more likely to drink within the government guidelines than the middle aged and are binge drinking less than their age group five or ten years ago.

Department of Health's 'Framework for Sexual Health Improvement'

On Monday, the Department for Health published the [government's strategy for improving sexual health](#) and its focus on preventative measures, such as good quality sex and relationships education (SRE).

As we are aware, alcohol education forms an important part of SRE surrounding the issues of consent and vulnerability. One of our four BBC 2 Film Clips from 'Just a Few Drinks' is useful for alcohol and sexual vulnerability - view Emily's story here: [BBC2 Just a few Drinks - Emily's story](#)

The Sex Education Forum has produced a range of guidance for teachers, local authorities and parents available at: www.sexeducationforum.org.uk. Examples of good practice in local authorities including Croydon, Barnsley and Shropshire are available at www.sexeducationforum.org.uk/practice/sex-relationships-education.aspx.



The Institute of Health Promotion and Education (IHPE) responds to The National Curriculum 2014

The Institute of Health Promotion and Education (IHPE) welcomes the new Curriculum for Schools in England 2014 published 7th February by the Department for Education for public consultation.

<https://www.education.gov.uk/schools/teachingandlearning/curriculum/nationalcurriculum2014/>

The new school curriculum requires that every state funded school must offer a curriculum which is 'balanced and broadly-based and which promotes the spiritual, moral, cultural, mental and physical development of pupils at the school and of society, and prepares pupils at the school for the opportunities, responsibilities and experiences of adult life'. Besides the statutory National Curriculum which schools must follow, 'all schools must 'teach sex education to pupils in secondary education', and 'should make provision for personal, social, health and economic education (PSHE), drawing on good practice'. The guidance for PSHE which follows a review commenced in 2011 will be published shortly.

The programme of study for Science across Key Stages 1-3 has much to commend it as it includes

learning relating to personal health and lifestyle issues, nutrition/diet, exercise, sexual reproduction, skeletal, muscular, digestive and circulatory systems, how to maintain health and those lifestyle issues including drugs and alcohol which might cause harm. The evaluation of risks is included at Key Stage 3 as part of 'working scientifically'.

The Institute will be responding formally as part of the public consultation which ends on Tuesday 16th April.

For further information on any of the above and/or to request resources please contact

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