

LESSON PLAN INDICATORS FOR BBC 'JUST A FEW DRINKS'

Before you begin, we suggest you download our [Alcohol and you](#) leaflet for teenagers or order hard copies via kate@alcoholeducationtrust.org



Jordan

When Jordan was 16, he drank over half a bottle of neat brandy, just to look cool – “You don’t think about any of the medical effects. You just think about how fun it’s going to be when you get drunk. ... It sounds a bit extreme but I could have died that night”. Jordan, now 18, was left outside on his own while throwing up and barely conscious.

Divide the film into segments and freeze before any negative consequences have happened. Set the scene. Jordan had never been drunk before, he and his friend decided to spend £70 on expensive brandy and get hammered.

Divide the class into + and - groups. The + group develop positive outcomes to the scenario, the – group imagines what happens next that is negative.

Decide when you want to pause the film and give the pupils the opportunity to present their predicted outcomes at this point. Alternatively, you can watch the films the whole way through and then the pupils develop their own positive or negative outcomes.

For example: If you’ve got an engaged group of students, we suggest you let them come up with their own outcomes, if you need prompts, then you can consider the below:

Negative group scenarios:

- o The police stopped Jordan in the street and confiscated his alcohol – he lost £70 of booze as he was under 18 (see alcohol and the law via alcoholeducationtrust.org/teacher-area/the-law/ or [page 57](#)).
- o Jordan got aggressive and picked a fight at the party, the friends who invited him haven’t spoken to him since (risk of alcohol and violence, assault).

- o Jordan wandered off on his own, collapsed and passed out (he is rushed into A and E) you can download our leaflet [If it all goes wrong](#).
- o Jordan passes out and no-one helps (risk of hyperthermia, choking on his own vomit, going into an alcoholic coma and dying – see page 11 of [Alcohol and you](#) leaflet).
- o Jordan staggers out, trying to find his way home and his hit by a car (number of drunk pedestrian accidents at night).

Positive group scenarios:

- o Jordan eats a takeaway with his friend, buys a lot of soft mixers and puts his bottle on the drinks table for everyone to share. He has a couple of drinks and has a great time. (See our [Top tips for staying safe if you plan to drink](#) or [pages 89-90](#)).
- o Jordan realises after a few swigs from the bottle that the neat brandy (40% ABV) is not a good idea and so switches to drinking a beer slowly (see information on units and guidelines via: alcoholeducationtrust.org/teacher-area/units-and-guidelines or [page 21](#)).
- o He leaves early and gets something to eat.
- o Once he is taken outside his mates stay with him, put him in the recovery position, check his airways are clear when he is sick and cover him up with a warm blanket. ([If it all goes wrong](#) as above).
- o They keep him walking round and call an ambulance.
- o They stay with him and call his parents.

Once the clip has been viewed, questions to raise:

Have any laws been broken?

(See ‘Alcohol and the law’ sheets [pages 58-59](#) or alcoholeducationtrust.org/teacher-area/the-law/)

Possession of alcohol in a public place when under 18

Buying alcohol when under the age of 18

What would you have done differently?