

QUESTIONS

Before you try this activity, you might want to look at the fact zone in our Online Learning Zone, talkaboutalcohol.com. Under each statement, write 'true' or 'false' and explain the reason for your choice in one short sentence.

1. You can always sleep off a hangover and feel all right the next day.

2. It's impossible to know how much alcohol is in a bottle of drink.

3. A glass of beer, a glass of wine and a shot of spirits contain the same amount of pure alcohol.

4. Eating a meal before drinking alcohol stops a person from getting drunk.

5. Drinking plenty of water may reduce the effect of a hangover.

6. People are more likely to take risks after drinking alcohol.

7. People who drink a lot of alcohol on a regular basis may become tolerant, and even addicted to it.

8. Women tend to be more affected by alcohol than men.

9. Pregnant women are advised to limit the amount of alcohol they drink.

10. The excessive consumption of alcohol carries health risks.
