

## Questionnaire for peer to peer interviews with 13 – 17 year-olds - Introductory notes

This questionnaire was developed as a peer to peer sixth form project (interviewing 100 13 – 17 year-olds throughout a large mixed non selective secondary school). It can be easily adapted for any school environment.

The purpose was to help them (and us) understand motivations behind drinking and the role parents play in influencing decision making and risk taking and to think about their behaviour and attitudes based on their own findings.

A covering note was read by participants taking part in the questionnaire to make clear that the answers were confidential and would not be used for any marketing or commercial gain. Names were kept anonymous from teachers and parents.

The interview can form part of a parent/school project to encourage parents to be more understanding and proactive about talking about drinking to their kids early enough, and understanding their motivations for wanting to drink, and so give them the tools to deal with situations better.

It is also very good practice for sixth formers in report writing, statistic analysis and helps develop presentation skills (please see the example of the sixth former survey findings report in appendix 2, page 104). The findings can be shared via the school council, or with parents invited in, for example.

## Questionnaire for video and verbal interviews with 13 – 17 year-olds

- 1) How old are you?
- 2) M/F
- 3) When did you first try alcohol – properly?
- 4) Where were you when you first tried alcohol properly?
- 5) Do you drink
  - a) Occasionally
  - b) Regularly
  - c) Not at all
- 6) How much do you drink?
  - a) Just a couple of drinks
  - b) Quite a lot
  - c) Enough to make me drunk
- 7) Have you ever been drunk?
  - a) Once
  - b) A few times
  - c) Frequently
- 8) If so, is this usually
  - a) At parties
  - b) At friends houses
  - c) Are parents there?
  - d) Secretly
- 9) Why do you get drunk?
  - a) I don't mean to
  - b) For the escapism
  - c) It gives me more confidence
  - d) I want to fit in with my friends
  - e) Other
- 10) Have you changed your view about getting drunk as you've got older?
- 11) How do you get on with your parents?
- 12) Do you feel you can talk to your parents if things go wrong?
- 13) Did your parents ever talk to you about drinking?
- 14) Did you believe them or take any notice?
- 15) Would it make any difference if they handled the subject in a different way?
- 16) If so, How?
- 17) Do you think your parents are good role models – set you a good example? Give them a score 1-10
- 18) Rate the following as the most important influence on you
  - a) parents
  - b) friends
  - c) celebrities
  - d) media
  - e) other
- 19) Do your parents set ground rules for when you have to be home?
- 20) Do your parents discipline you if you're late or if you don't them know where you are?
- 21) Do your parents drink?
- 22) Do your parents let you drink at home?
- 23) Do your parents let your friends at your home?
- 24) Do your parents know what you get up to at friends houses?
- 25) Are you allowed to drink at home?
- 26) From what age?
- 27) Do you think that's a good thing?
- 28) What alcoholic drinks do you like best?
- 29) Why do you like them best?
  - a) Taste
  - b) Alcohol level
  - c) Price
- 30) Do you drink for the effect rather than the taste?
- 31) Do you drink because it's sociable and relaxing?
- 32) Have you ever felt pressured to drink when you don't want to?
- 33) Have you ever got into a difficult situation because of getting drunk?
- 34) Did you regret it?
- 35) Where do you normally get alcohol from?
- 36) Anything you want to say or feel strongly about?